



# ***UK SNOWSPORTS Calendar of Courses Wales 2009***

Many skiers and snowboarders love the sport so much that they can't resist trying to persuade others to take up the sport, very often getting involved in a little teaching themselves. Teaching people to ski and snowboard is very rewarding and helps to improve your performance as well. Centres are always looking out for instructors and are keen to assist their development.

Snowsport Wales manages and delivers The United Kingdom Snowsports Coach Awards Scheme in Wales and as such provides a training and qualification programme for aspiring Instructors and Coaches wishing to work with skiers throughout the UK through Clubs, Ski Facilities and upon an individual basis. The courses are well recognised throughout Great Britain.

Starting up in the Coach Awards Scheme, involves firstly registering as a with the Snowsport Wales Coaching Scheme. Registration forms are available through Clubs and Centres in Wales or through the Snowsport Wales office. The next step is to book onto a Level 1 Training Course and begin your training programme. The minimum age to be able to embark upon the Coach Awards Scheme is 16 years old.



## ***SNOWSPORT CYMRU WALES***

*Cardiff Ski Centre, 198 Fairwater rd,  
Fairwater, Cardiff. CF5 3JR*

*Tel. 029 20561904 Fax. 029 20561924*

*Email. [admin.snowsportwales@virgin.net](mailto:admin.snowsportwales@virgin.net)*

*Website : [WWW.SNOWSPORTWALES.NET](http://WWW.SNOWSPORTWALES.NET)*

## **SKI INSTRUCTING LEVEL 1**

**Level 1 - Instructor Training Course** - A two day course introducing the principles of ski instruction on artificial slopes. Participants should be registered with the coaching scheme prior to this course and may practice as a Candidate Instructor following the course.

<b>Level 1 Training Courses</b>	<b>£100</b>	<b>BOOKING CONTACT</b>
15/16 Nov. 2008	Pembrey	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
22/23 Nov. 2008	Pembrey	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
10/11 Jan. 2009	Pontypool	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
7/8 Feb. 2009	Plas Y Brenin	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
21/22 Mar. 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
19/20 Sept. 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
3/4 Oct. 2009	Cardiff	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

**Level 1 Instructor Assessment/Accreditation** - A one day assessment for trainee instructors, successful candidates will qualify as Instructors.

### **Level 1 Instructor Assessments £60**

23 Nov. 2008	Pontypool	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
6 Dec. 2008	Plas Y Brenin	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
17 Jan. 2009	Pontypool	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
23 May 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
12 Sept. 2009	Pembrey	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
17 Oct. 2009	Cardiff	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

## **SKI INSTRUCTING LEVEL 2**

**Level 2 - Ski Instructor Training Course** - An advanced course covering the principles of ski instruction and coaching on artificial slopes to higher levels

### **Level 2 Training Courses £100**

8/9 Nov. 2008	Pembrey	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
1/2 May 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

**Level 2 Ski Instructor Assessment** - A one day assessment, successful candidates will hold a nationally recognised qualification.

### **Level 2 Assessments £75**

30 Nov. 2008	Pontypool	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
5 June 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

## **LEVEL 1&2 SKI INSTRUCTOR REVALIDATION**

**Instructor Revalidation £60** - To maintain your qualification as an Instructor it is necessary to attend a refresher course every 3 years.

14 Dec. 2008	Pontypool	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
26 April 2009	Pembrey	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
7 June 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

## **SNOWBOARD INSTRUCTING LEVEL 1**

**Level 1 - Instructor Training Course** - A two day course introducing the principles of snowboard instruction on artificial slopes. Participants should be registered with the coaching scheme prior to this course and may practice as a Candidate Instructor following the course.

<b>Level 1 Training Courses</b>	<b>£100</b>	<b>BOOKING CONTACT</b>
21/22 March 2009	Cardiff	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
10/11 October 2009	Cardiff	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

Please contact the office for dates: [admin.snowsportwales@virgin.net](mailto:admin.snowsportwales@virgin.net)

**Level 1 Instructor Assessment/Accreditation** - A one day assessment for trainee instructors, successful candidates will qualify as Instructors.

### **Level 1 Instructor Assessments £60**

18 October 2009	Cardiff	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
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To book your assessment contact: [admin.snowsportwales@virgin.net](mailto:admin.snowsportwales@virgin.net)

## **SNOWBOARD INSTRUCTING LEVEL 2**

**Level 2 - Ski Instructor Training Course** - An advanced course covering the principles of snowboard instruction and coaching on artificial slopes to higher levels.

### **Level 2 Training Courses £100**

1/2 May 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
7/8 Nov. 2009	Pembrey	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

**Level 2 Snowboard Instructor Assessment** - A one day assessment, successful candidates will hold a nationally recognised qualification.

### **Level 2 Assessments £75**

6 June 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
29 Nov. 2009	Pembrey	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

## **LEVEL 1&2 SNOWBOARD INSTRUCTOR REVALIDATION**

**Instructor Revalidation £60** - To maintain your qualification as an Instructor it is necessary to attend a refresher course every 3 years.

26 April 2009	Pembrey	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>
7 June 2009	Llandudno	<a href="mailto:admin.snowsportwales@virgin.net">admin.snowsportwales@virgin.net</a>

## **DISABLED SKIERS AWARENESS MODULE**

A two day course aimed at giving an introduction to working with disabled skiers  
Please contact the office for dates: [admin.snowsportwales@virgin.net](mailto:admin.snowsportwales@virgin.net)

### **RECREATIONAL SKI COACHING LEVEL 3**

**Level 3 - Coaches Course** - A week long alpine based coaches course leading towards working with your club recreational skiers. This course is a prerequisite to anyone wishing to train as a tutor in the UK Snowsports Coach Awards Scheme.

For 2009 Coaches Course details email : [jenny@snowsportengland.org.uk](mailto:jenny@snowsportengland.org.uk)

### **RECREATIONAL SKI COACHING LEVEL 4**

**Level 4 - Coaches Course** - A week long alpine based coaches course leading towards IVSI International Coaches qualification.

For 2009 Coaches Course details email : [jenny@snowsportengland.org.uk](mailto:jenny@snowsportengland.org.uk)

### **COACHES CONFERENCE & REVALIDATION**

For 2009 Coaches Conference details email : [jenny@snowsportengland.org.uk](mailto:jenny@snowsportengland.org.uk)

**Safeguarding and Child Protection Workshop**- It is a requirement for all instructors and coaches to have attend this course.. For information on courses in Wales and for other general coach education courses go to <http://www.coachingwales.com>

**Emergency First Aid Certificate** - Usually a 4 hour or 1/2 day training course available upon a local basis through the Red Cross or St. Johns Ambulance Brigade. A must for all instructors and coaches. For course availability contact,  
British Red Cross Wales 08456012163  
St. Johns Ambulance Brigade in Wales 08456785646

**Ski Course Organisers & Leaders Courses** - A training programme designed for school teachers taking children on ski trips abroad. Level 1 Courses are two day courses run on artificial ski slopes covering basic organisation and safety. Alpine Ski Leader Courses are a week in duration run in an alpine environment covering leadership skills on the mountain and mountain safety.  
Please contact the office for dates: [admin.snowsportwales@virgin.net](mailto:admin.snowsportwales@virgin.net)

### **Alpine Ski Course Leader Award**

Alpine Ski Leader Courses are a week in duration run in an alpine environment covering leadership skills on the mountain and mountain safety.  
Please contact the office for dates: [admin.snowsportwales@virgin.net](mailto:admin.snowsportwales@virgin.net)

### **PERFORMANCE COACHING ALPINE LEVEL 2**

**Level 2 - Coaches Course** - A 3 day artificial slope based coaches course leading towards working with your competitive club skiers.

**Level 1 Training Courses £150** **BOOKING CONTACT**

15/17 May 2009

Pembrey

[admin.snowsportwales@virgin.net](mailto:admin.snowsportwales@virgin.net)

18/20 Sept. 2009

Pembrey

[admin.snowsportwales@virgin.net](mailto:admin.snowsportwales@virgin.net)

### **PERFORMANCE COACHING ALPINE LEVEL 3**

**Level 3 - Coaches Course** - A 6 day alpine based coaches course leading towards working with your club competitive skiers in an alpine environment.

For 2009 Coaches Course details email : [jenny@snowsportengland.org.uk](mailto:jenny@snowsportengland.org.uk)

### **PERFORMANCE COACHING ALPINE LEVEL 4**

**Level 4 - Coaches Course** - A 6 day alpine based coaches course leading towards working with national squad athletes and IVSI International Coaches qualification.

For 2009 Coaches Course details email : [jenny@snowsportengland.org.uk](mailto:jenny@snowsportengland.org.uk)

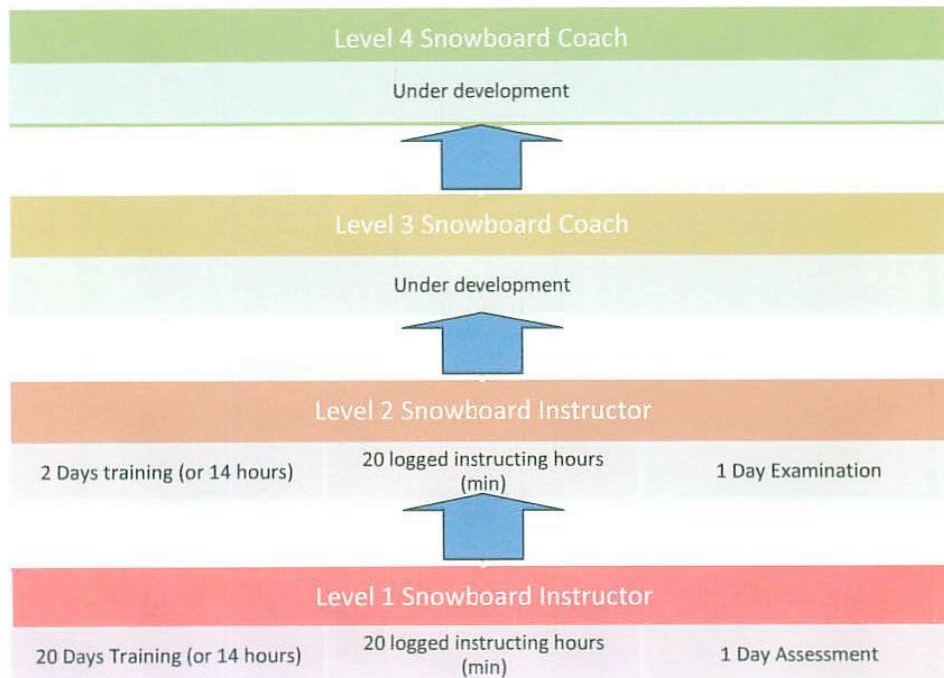
## **UK Snowsports**

### **Performance Coach Pathway**



# UK Snowsports

## Snowboard Pathway



# UK Snowsports

## Recreational Pathway

