



UK SNOWSPORTS Calendar of Courses Wales 2010

Many skiers and snowboarders love the sport so much that they can't resist trying to persuade others to take up the sport, very often getting involved in a little teaching themselves. Teaching people to ski and snowboard is very rewarding and helps to improve your performance as well. Centres are always looking out for instructors and are keen to assist their development.

Snowsport Wales manages and delivers The United Kingdom Snowsports Coach Awards Scheme in Wales and as such provides a training and qualification programme for aspiring Instructors and Coaches wishing to work with skiers throughout the UK through Clubs, Ski Facilities and upon an individual basis. The courses are well recognised throughout Great Britain.

Starting up in the Coach Awards Scheme, involves firstly registering as a with the Snowsport Wales Coaching Scheme. Registration forms are available through Clubs and Centres in Wales or through the Snowsport Wales office. The next step is to book onto a Level 1 Training Course and begin your training programme. The minimum age to be able to embark upon the Coach Awards Scheme is 16 years old.



SNOWSPORT CYMRU WALES

Cardiff Ski Centre, 198 Fairwater Road,

Fairwater, Cardiff. CF5 3JR

Tel. 029 20561904 Fax. 029 20561924

Email. admin.snowsportwales@virgin.net

Website : WWW.SNOWSPORTWALES.NET

SKI INSTRUCTING LEVEL 1

Level 1 - Instructor Training Course - A two day course introducing the principles of ski instruction on artificial slopes. Participants should be registered with the coaching scheme prior to this course and may practice as a Candidate Instructor following the course.

Level 1 Training Courses £110

BOOKING CONTACT:

9/10 Jan 2010	Pontypool	admin.snowsportwales@virgin.net
6/7 Feb. 2010	Plas Y Brenin	
20/21 Mar. 2010	Cardiff	
18/19 Sept. 2010	Pembrey	
2/3 Oct. 2010	Llandudno	
6/7 Nov 2010	Pembrey	

Level 1 Instructor Assessment/Accreditation - A one day assessment for trainee instructors, successful candidates will qualify as Instructors.

Level 1 Instructor Assessments £65

(Saturdays)

5 Dec. 2009	Plas y Brenin	admin.snowsportwales@virgin.net
23 Jan 2010	Pontypool	
22 May 2010	Llandudno	
11 Sept. 2010	Pembrey	
16 Oct. 2010	Cardiff	
20 Nov 2010	Pontypool	

SKI INSTRUCTING LEVEL 2

Level 2 - Ski Instructor Training Course - An advanced course covering the principles of ski instruction and coaching on artificial slopes to higher levels

Level 2 Training Courses £110

8/9 May 2010	Llandudno	admin.snowsportwales@virgin.net
6/7 Nov 2010	Pontypool	

Level 2 Ski Instructor Assessment - A one day assessment, successful candidates will hold a nationally recognised qualification.

Level 2 Assessments £80

(Saturdays)

12 June 2010	Llandudno	admin.snowsportwales@virgin.net
27 Nov 2010	Pontypool	

LEVEL 1&2 SKI INSTRUCTOR REVALIDATION

Instructor Revalidation £65 - To maintain your qualification as an Instructor it is necessary to attend a refresher course every 3 years.

24 April 2010	Llandudno	admin.snowsportwales@virgin.net
19 June	Pontypool	

SNOWBOARD INSTRUCTING LEVEL 1

Level 1 - Instructor Training Course - A two day course introducing the principles of snowboard instruction on artificial slopes. Participants should be registered with the coaching scheme prior to this course and may practice as a Candidate Instructor following the course.

Level 1 Training Courses £110

BOOKING CONTACT:

27/28 March 2010	Cardiff	admin.snowsportwales@virgin.net
23/24 October 2010	Cardiff	

Level 1 Instructor Assessment/Accreditation - A one day assessment for trainee instructors, successful candidates will qualify as Instructors.

Level 1 Instructor Assessments £65

Sun 3 October 2010 Cardiff

To book your assessment contact: admin.snowsportwales@virgin.net

SNOWBOARD INSTRUCTING LEVEL 2

Level 2 - Ski Instructor Training Course - An advanced course covering the principles of snowboard instruction and coaching on artificial slopes to higher levels.

Level 2 Training Courses £110

15/16 May 2010	Llandudno	admin.snowsportwales@virgin.net
13/14 Nov. 2010	Pembrey	

Level 2 Snowboard Instructor Assessment - A one day assessment, successful candidates will hold a nationally recognised qualification.

Level 2 Assessments £80

Sun 28 Nov. 2010 Pembrey admin.snowsportwales@virgin.net

LEVEL 1&2 SNOWBOARD INSTRUCTOR REVALIDATION

Instructor Revalidation £65 - To maintain your qualification as an Instructor it is necessary to attend a refresher course every 3 years.

Sun 25 April 2010	Pembrey	admin.snowsportwales@virgin.net
Sun 20 June 2010	Llandudno	

DISABLED SKIERS AWARENESS MODULE

A two day course aimed at giving an introduction to working with disabled skiers

Please contact the office for dates: admin.snowsportwales@virgin.net

RECREATIONAL SKI COACHING LEVEL 3

Level 3 - Coaches Course - A week long alpine based coaches course leading towards working with your club recreational skiers. This course is a prerequisite to anyone wishing to train as a tutor in the UK Snowsports Coach Awards Scheme.

For 2010 Coaches Course details email : jenny@snowsportengland.org.uk

RECREATIONAL SKI COACHING LEVEL 4

Level 4 - Coaches Course - A week long alpine based coaches course leading towards IVSI International Coaches qualification.

For 2010 Coaches Course details email : jenny@snowsportengland.org.uk

COACHES CONFERENCE & REVALIDATION

For 2010 Coaches Conference details email : jenny@snowsportengland.org.uk

Safeguarding and Child Protection Workshop- It is a requirement for all instructors and coaches to have attend this course.. For information on courses in Wales and for other general coach education courses go to <http://www.coachingwales.com>

Emergency First Aid Certificate - Usually a 4 hour or 1/2 day training course available upon a local basis through the Red Cross or St. Johns Ambulance Brigade. A must for all instructors and coaches. For course availability contact,
British Red Cross Wales 08456012163
St. Johns Ambulance Brigade in Wales 08456785646

Ski Course Organisers & Leaders Courses - A training programme designed for school teachers taking children on ski trips abroad. Level 1 Courses are one day theory course covering basic organisation and safety and half day skiing session. Alpine Ski Leader Courses are a week in duration run in an alpine environment covering leadership skills on the mountain and mountain safety. Please contact the office for dates: admin.snowsportwales@virgin.net

Alpine Ski Course Leader Award

Alpine Ski Leader Courses are a week in duration run in an alpine environment covering leadership skills on the mountain and mountain safety.

Please contact the office for dates: admin.snowsportwales@virgin.net

PERFORMANCE COACHING ALPINE LEVEL 2

Level 2 - Coaches Course - A 3 day artificial slope based coaches course leading towards working with your competitive club skiers.

Course fee £175 **BOOKING CONTACT:**

14-16 May 2010

Pembrey

admin.snowsportwales@virgin.net

17-19 Sept. 2010

Pembrey

admin.snowsportwales@virgin.net

PERFORMANCE COACHING ALPINE LEVEL 3

Level 3 - Coaches Course - A 6 day alpine based coaches course leading towards working with your club competitive skiers in an alpine environment.

For 2010 Coaches Course details email : jenny@snowsportengland.org.uk

PERFORMANCE COACHING ALPINE LEVEL 4

Level 4 - Coaches Course - A 6 day alpine based coaches course leading towards working with national squad athletes and IVSI International Coaches qualification.

For 2010 Coaches Course details email : jenny@snowsportengland.org.uk

BOOKING FORM

To book on to the courses send a £10 deposit to Snowsport Cymru/Wales along with the booking form below, stating which course it is for, along with your address and telephone number. We would ask you to pay the balance one week before the date of the course. Courses are based on a minimum of eight participants and Snowsport Cymru/Wales reserves the right to cancel or postpone a course if it is undersubscribed.
Course fees do not include ski equipment hire.

For further information on the Coaching Scheme and other activities of Snowsport Cymru/Wales contact the office at Snowsport Cymru/Wales, Cardiff Ski Centre, 198 Fairwater Road, Fairwater, Cardiff. CF5 3JR
Tel: 02920 561904 Fax: 02920 561924
Email: admin.snowsportwales@virgin.net
www.snowsportwales.net

UKS COACHING SCHEME COURSE BOOKING FORM:

Course Name:	
	Date: Venue:
Your Name:	
Address:	
Telephone contact No:	
Member Registration No.	
Fee Enclosed:	
Balance:	

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Course Name:	
	Date: Venue:
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