

SPORTS COACH UK & GENERIC WORKSHOPS 2010-11

Course	Date	Course Type	Course Duration	Times	Price
SCUK	Mon 4th Oct 2010	Safeguarding & Protecting Children	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Weds 13th Oct 2010	Introduction to Core Stability	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Tues 19th Oct 2010	Safeguarding & Protecting Children	3 hours	6.30pm - 9.30pm	£23.00
GENERIC	Mon 25th Oct 2010	Emergency First Aid	3 hours	6.30pm - 9.30pm	£35.00
SCUK	Weds 27th Oct 2010	Coaching Children & Young People	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Thurs 4th Nov 2010	Long Term Athlete Development	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Weds 10th Nov 2010	Safeguarding & Protecting Children	3 hours	6.30pm - 9.30pm	£23.00
GENERIC	Weds 26th Jan 2011	Emergency First Aid	3 hours	6.30pm - 9.30pm	£35.00
SCUK	Tues 1st Feb 2011	Developing Power & Speed	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Thurs 3rd Feb 2011	Safeguarding & Protecting Children	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Mon 7th Feb 2011	Introduction to FUNdamentals of Movement	3 hours	6.30pm - 9.30pm	£23.00
FDSW	Sun 13th Feb 2011	Disability Inclusion Training (Theory & practical)	6 hours	11.00am - 5.30pm	£60.00
SCUK	Mon 14th Feb 2011	Safeguarding & Protecting Children	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Tues 22nd Feb 2011	Coaching Children & Young People	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Tues 15th Mar 2011	Equity in Your Coaching	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Weds 16th Mar 2011	Positive Behaviour Management in Sport	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Tues 22nd Mar 2011	Safeguarding & Protecting Children	3 hours	6.30pm - 9.30pm	£23.00
GENERIC	Weds 23rd Mar 2011	Emergency First Aid	3 hours	6.30pm - 9.30pm	£35.00
SCUK	Mon 28th Mar 2011	Coaching Disabled Performers	3 hours	6.30pm - 9.30pm	£23.00
SCUK	Weds 15th June 2011	Safeguarding & Protecting Children	3 hours	6.30pm - 9.30pm	£23.00

*Prices include £1.50 booking fee.

For information on each workshop, please visit www.sport-cardiff.com and click on the 'Coaching & Volunteering' section. All courses and workshops are held at National Indoor Athletics Centre, UWIC. Please contact 02920 416777 for bookings. N.B. Enrolment forms MUST be completed by all applicants.